

**Recommended Dose: Adults (19 years and older):** Take one capsule two times daily with meals, a few hours before or after taking other medications, or as recommended by your healthcare practitioner.

**Risk Information:** If you are taking health products that affect blood coagulation, do not use, as this may increase the risk of spontaneous bleeding. If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, gluten, artificial coloring or flavoring or dairy products. **The capsules** are made from 100% pure vegetable sources, free of preservatives and additives.

**Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

**Seroyal**

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V1.0 **145-180**

BARCODE LOCATION  
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GENESTRA BRANDS

# Maxum Multi Vite

VITAMIN-MINERAL SUPPLEMENT

**180 Vegetable Capsules**

## Supplement Facts

Serving Size 1 Capsule  
Servings per Container 180

Each Capsule Contains		% DV	Each Capsule Contains		% DV
Vitamin A (vitamin A palmitate/ 67% beta-carotene)	4500 IU	90%	Manganese (manganese sulfate)	4 mg	200%
Vitamin C (ascorbic acid)	100 mg	167%	Chromium (chromium HVP ▲ chelate/chloride)	40 mcg	33%
Vitamin D (cholecalciferol)	15 IU	4%	Molybdenum (molybdenum Krebs ◆ complex)	10 mcg	13%
Vitamin E (d-alpha tocopheryl succinate)	50 IU	167%	Potassium (potassium chloride)	10 mg	<1%
Thiamin (thiamin mononitrate)	15 mg	1000%	Ginkgo ( <i>Ginkgo biloba</i> ) Leaf	27 mg	*
Riboflavin (riboflavin/riboflavin-5-phosphate)	17 mg	1000%	Inositol	15 mg	*
Niacin (niacinamide)	20 mg	100%	Betaine Hydrochloride	10 mg	*
Vitamin B <sub>6</sub> (pyridoxine hydrochloride/ pyridoxal-5-phosphate)	17 mg	850%	Choline (choline bitartrate)	10 mg	*
Folic Acid	100 mcg	25%	L-Cystine	10 mg	*
Vitamin B <sub>12</sub> (cyanocobalamin)	30 mcg	500%	L-Glutamic Acid	10 mg	*
Biotin	50 mcg	17%	L-Glutathione	2 mg	*
Pantothenic Acid (calcium d-pantothenate)	50 mg	500%	Rutin (from <i>Dimorphandra mollis</i> seed pod)	2 mg	*
Calcium (calcium citrate/d-pantothenate)	54.5 mg	5%	Coenzyme Q <sub>10</sub> (yeast fermentation)	1 mg	*
Iodine (potassium iodide)	40 mcg	27%	Green Tea ( <i>Camellia sinensis</i> ) Leaf Std. Extract (50% Polyphenols)	1 mg	*
Magnesium (magnesium citrate)	20 mg	5%	Vanadium (vanadium Krebs ◆ complex)	10 mcg	*
Zinc (zinc oxide)	5 mg	33%			
Selenium (selenomethionine)	40 mcg	57%			

\* Daily Value (DV) not established  
▲ Hydrolyzed vegetable (rice) protein  
◆ Citrate/fumarate/malate/succinate/alpha-ketoglutarate

Other ingredients: Hypromellose, magnesium silicate, magnesium stearate, cellulose, silica