

Recommended Adult Dose: Take one tablespoon daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding; or if you have a history of non-melanoma skin cancer, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, yeast, gluten, artificial coloring or flavoring or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if inner seal is missing or broken. Shake well before each use. Store in a cool, dry place.



GENESTRA BRANDS™

Liquid Multi Vite Min

VITAMIN-MINERAL SUPPLEMENT

Spot UV Location

Seroyal

Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925

V.I.D. 122

BARCODE LOCATION
883196 11161

11.5 fl oz (340 ml)

Supplement Facts

Serving Size 1 Tablespoon (15 ml)

Servings per Container about 22

Each Serving Contains		% DV
Calories	15	
Total Carbohydrate	4 g	1%◆
Vitamin A (vitamin A palmitate)	10 000 IU	200%
Vitamin C (ascorbic acid)	250 mg	417%
Vitamin D (cholecalciferol)	500 IU	125%
Vitamin E (<i>d</i> -alpha tocopherol)	45 IU	150%
Thiamin (thiamin hydrochloride)	5 mg	333%
Riboflavin	5 mg	294%
Niacin (niacinamide)	20 mg	100%
Vitamin B ₆ (pyridoxine hydrochloride)	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B ₁₂ (cyanocobalamin)	25 mcg	417%
Biotin	300 mcg	100%
Pantothenic Acid (calcium- <i>d</i> -pantothenate)	10 mg	100%
Calcium (calcium lactate)	75 mg	8%
Iodine (potassium iodide)	150 mcg	100%
Magnesium (magnesium gluconate)	20 mg	5%
Zinc (zinc gluconate)	10 mg	67%
Selenium (sodium selenite)	200 mcg	286%
Copper [copper (II) gluconate]	1 mg	50%
Manganese (manganese gluconate)	2.5 mg	125%
Chromium [chromium (III) polynicotinate]	200 mcg	167%
Molybdenum (molybdenum citrate)	50 mcg	67%
Potassium (potassium gluconate)	25 mg	<1%
Vanadium (vanadium citrate)	182 mcg	*
Choline (choline bitartrate)	30 mg	*
Inositol	2.5 mg	*

◆ Percent Daily Values (DV) are based on a 2000 calorie diet
* Daily Value not established

Other ingredients: Purified water, glycerin, natural cherry flavor, sodium hydroxide, xanthan gum, potassium sorbate, stevia leaf extract (rebaudioside A)